## **Exercise Science Graduate Certificate**

The Exercise Science Graduate Certificate is 15 hours of health, kinesiology, and sports studies course work for students who want to increase their knowledge and develop competencies in the area of exercise science. Students may complete the certificate independently or as part of their graduate degree.

Coursework must be completed at East Texas A&M University with a 3.0 GPA on all courses used for the certificate. Students, in consultation with the graduate coordinator, must develop a plan of study that details specific courses the students will use to satisfy the certificate requirements. Students must complete a minimum of 15 hours from the list of courses below.

Contact Sarah Mitchell at Sarah.Mitchell@tamuc.edu for more information.

## Requirements to complete the Exercise Science Graduate Certificate

| Total Hours  |   | 15 |
|--|---|----|
| HHPK 590   | Sport Coaching  | 3  |
| HHPK 536   | Adapted Kinesiology   | 3  |
| HHPK 551   | Advanced Research in Kinesiology  | 3  |
| HHPK 516   | Current Topics in Health & Human Performance  | 3  |
| HHPH 531<br>HHPK 664<br>HHPK 545<br>HHPK 534<br>HHPK 532<br>HHPK 593<br>HHPK 528 | Nutrition and Optimal Performance   Fitness Testing and Exercise Prescriptions   Advanced Exercise Physiology   Exercise in Health and Disease   Cardiopulmonary Physiology   Biomechanics   Sport Psychology | 3  |
|  |   | 3  |
|  |   | 3  |
|  |   | 3  |
|  |   | 3  |
|  |   | 3  |
|  |   | 3  |
| HHPK 530   | Sports Conditioning   | 3  |

Note: Students must have admission to the Graduate School. Coursework must be completed at East Texas A&M University with a 3.0 GPA in all courses used for this graduate certificate. (No Substitutions)