

# Health, Kinesiology, and Sports Studies MS

## Master of Science in Health, Kinesiology, & Sports Studies emphasis in Exercise Science - Option I Thesis

### Required Core Courses (15 semester hours)

HHPK 617	Stat Proc Hlth/Hum Perf	3
HHPK 519	Research Methods in Health, Kinesiology, & Sport Studies	3
HHPK 535	Soc of Sport & Phys Activity	3
HHPK 528	Sport Psychology	3
HHPH 660	Global Health Issues	3

### Thesis (6 semester hours)

HHPK 518	Thesis (6 semester hours required)	3-6
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Only 6 semester hours of credit for 518 per degree will be given upon satisfactory completion of the requirement

### Required Exercise Science Courses (12 semester hours)

HHPK 530	Sports Conditioning	3
HHPK 534	Exercise in Health and Disease	3
HHPK 545	Advanced Exercise Physiology	3
HHPK 664	Fitness Testing and Exercise Prescriptions	3

### Required Support Course (Choose 1 course - 3 semester hours)

HHPH 531	Nutrition and Optimal Performance	3
HHPK 532	Cardiopulmonary Physiology	3
HHPK 536	Adapted Kinesiology	3
HHPK 593	Biomechanics	3

<b>Total Hours</b>		<b>36</b>
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## Master of Science in Health, Kinesiology, & Sports Studies emphasis in Exercise Science - Option II Non-Thesis

### Required Core Courses (15 semester hours)

HHPK 617	Stat Proc Hlth/Hum Perf	3
HHPK 595	Critiquing & Conducting Research	3
or HHPK 519	Research Methods in Health, Kinesiology, & Sport Studies	
HHPK 535	Soc of Sport & Phys Activity	3
HHPK 528	Sport Psychology	3
HHPH 660	Global Health Issues	3

### Internship (3 semester hours)

HHPK 537	Internship in Health, Kinesiology, & Sport Studies	3
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Internship requires instructor approval and completion of internship seminar in May or December prior to enrolling in course

### Required Exercise Science Courses (12 semester hours)

HHPK 530	Sports Conditioning	3
HHPK 534	Exercise in Health and Disease	3
HHPK 545	Advanced Exercise Physiology	3
HHPK 664	Fitness Testing and Exercise Prescriptions	3

### Required Support Courses (Choose 2 courses - 6 semester hours)

HHPK 532	Cardiopulmonary Physiology	3
HHPH 531	Nutrition and Optimal Performance	3
HHPK 536	Adapted Kinesiology	3
HHPK 551	Advanced Research in Kinesiology	3
HHPK 593	Biomechanics	3

<b>Total Hours</b>		<b>36</b>
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## Master of Science in Health, Kinesiology, & Sports Studies emphasis in Athletic Administration - Option II Non-Thesis

### Required Core Courses (18 semester hours)

HHPK 595	Critiquing & Conducting Research (3 semester hours required)	3
or HHPK 519	Research Methods in Health, Kinesiology, & Sport Studies	
HHPK 617	Stat Proc Hlth/Hum Perf	3
HHPS 535	Soc of Sport & Phys Activity	3
HHPK 528	Sport Psychology	3
HHPS 566	Issues in International Sport	3
HHPS 584	Administration in Sport and Recreation Programs	3

### Athletic Administration Required Course (3 semester hours)

HHPS 539	Sport Law	3
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### Required Support Courses (Choose 3 courses - 9 semester hours)

HHPK 516	Current Topics in Health & Human Performance	3
HHPS 520	Governance and Ethics in Sport	3
HHPS 521	Fin & Econ in Sport	3
HHPS 525	Marketing and Public Relations in Sports	3
HHPS 564	Sport Facilities & Event Management	3

<b>Total Hours</b>		<b>30</b>
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## Master of Science in Health, Kinesiology, & Sports Studies emphasis in Sport Management - Option II Non-Thesis

### Required Core Courses (18 semester hours)

HHPK 595	Critiquing & Conducting Research (3 semester hours required)	3
or HHPK 519	Research Methods in Health, Kinesiology, & Sport Studies	
HHPK 617	Stat Proc Hlth/Hum Perf	3
HHPS 535	Soc of Sport & Phys Activity	3
HHPK 528	Sport Psychology	3
HHPS 566	Issues in International Sport	3
HHPS 584	Administration in Sport and Recreation Programs	3

### International Sport Management Required Course - (3 semester hours)

HHPS 539	Sport Law	3
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### Required Support Courses (Choose 3 courses - 9 semester hours)

HHPS 520	Governance and Ethics in Sport	3
HHPS 521	Fin & Econ in Sport	3
HHPS 525	Marketing and Public Relations in Sports	3
HHPS 564	Sport Facilities & Event Management	3
HHPS 556	Sport Analytics	3
HHPK 516	Current Topics in Health & Human Performance	3
HHPK 537	Internship in Health, Kinesiology, & Sport Studies *	3
HHPK 541	Internship in Sport Administration (Repeat twice) *	3

\*Internship requires instructor approval and completion of internship seminar in May or December prior to enrolling in course

<b>Total Hours</b>		<b>30</b>
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## Master of Science in Health, Kinesiology, & Sports Studies emphasis in Sports Coaching - Option II Non-Thesis

### Required Core Courses (15 semester hours)

HHPK 595	Critiquing & Conducting Research (3 semester hours required)	3
HHPK 617	Stat Proc Hlth/Hum Perf	3
HHPS 535	Soc of Sport & Phys Activity	3
HHPK 528	Sport Psychology	3

HHPS 566	Issues in International Sport	3
<b>Internship (3 semester hours)</b>		
HHPK 537	Internship in Health, Kinesiology, & Sport Studies	3
Internship requires instructor approval and completion of internship seminar in May or December prior to enrolling in course		
<b>Sports Coaching Required Courses (9 semester hours)</b>		
HHPK 530	Sports Conditioning	3
HHPH 531	Nutrition and Optimal Performance	3
HHPK 590	Sport Coaching	3
<b>Required Support Courses (Choose 1 course - 3 semester hours)</b>		
HHPK 516	Current Topics in Health & Human Performance	3
HHPK 536	Adapted Kinesiology	3
HHPS 520	Governance and Ethics in Sport	3
HHPS 539	Sport Law	3
HHPS 564	Sport Facilities & Event Management	3
<b>Total Hours</b>		<b>30</b>

## Master of Science in Health, Kinesiology, & Sports Studies emphasis in Human Performance (Fast-Track Bachelors + Masters) - Option II Non-Thesis

The Fast-Track Bachelors + Masters degree program allows undergraduate students in the Kinesiology & Sports Studies-Human Performance concentration to begin coursework towards the Master of Science in Health, Kinesiology, and Sports Studies-Human Performance program during their senior year at East Texas A&M University. Students can earn a B.S. and M.S. degree in five years upon completion of degree requirements for both degrees. For this Fast-Track Bachelors + Masters program, a maximum of 12 graduate hours may be taken as an undergraduate student (graduate courses cannot be applied to the undergraduate degree). Once admitted, the Fast-Track Bachelors + Masters candidate must maintain a 3.00 Undergraduate GPA. In the final semester of the student's undergraduate program, a new online Apply Texas Application for the master's Fast-Track Bachelors + Masters program must be submitted to gain admission and continue taking classes to complete the master's program.

### Required Core Courses (15 semester hours)

HHPK 595	Critiquing & Conducting Research (3 semester hours required)	3
or HHPK 519	Research Methods in Health, Kinesiology, & Sport Studies	
HHPK 617	Stat Proc Hlth/Hum Perf	3
HHPS 535	Soc of Sport & Phys Activity	3
HHPK 528	Sport Psychology	3
HHPH 660	Global Health Issues	3

### Internship or Reserach Project (3 semester hours)

HHPK 551	Advanced Research in Kinesiology	3
or HHPK 537	Internship in Health, Kinesiology, & Sport Studies	

Internship requires instructor approval and completion of internship seminar in May or December prior to enrolling in course

### Human Performance Required Courses (6 semester hours)

HHPK 545	Advanced Exercise Physiology	3
HHPH 531	Nutrition and Optimal Performance	3

### Required Support Courses (Choose 2 courses - 6 semester hours)

HHPK 516	Current Topics in Health & Human Performance	3
HHPK 530	Sports Conditioning	3
HHPK 534	Exercise in Health and Disease	3
HHPK 532	Cardiopulmonary Physiology	3
HHPK 536	Adapted Kinesiology	3
HHPK 590	Sport Coaching	3
HHPK 593	Biomechanics	3
HHPK 664	Fitness Testing and Exercise Prescriptions	3

<b>Total Hours</b>		<b>30</b>
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**Note:** For more information see the bottom of the page at: BS-MS 5 year Accelerated Pathway (<https://coursecatalog.tamuc.edu/undergrad/colleges-and-departments/education-human-services/school-of-nursing/health-and-human-performance/kinesiology-sports-studies-ba-bs-all-level-teacher-certification/>).

**Note:** Successful completion of the Comprehensive Exam is required of all students.