

Nutrition - MS

The Master of Science in Nutrition program in the Department of Health and Human Performance in the College of Education and Human Services at East Texas A&M University provides a comprehensive course of study with the mission of preparing high-value practitioners in food, nutrition, public health, wellness, and fitness industries. This program offers advanced coursework related to community nutrition, education and counseling, nutrition policy, nutritional biochemistry, leadership and management, and research methods and analyses.. Graduates will be prepared to seek employment in a variety of settings, including but not limited to schools, sports nutrition, corporate wellness, public health, private practice, community nutrition, education, research, and culinary nutrition.

The degree is offered fully online to be more accessible to the working professional. Students in this program will learn and build skills that allow them to effectively meet the needs of their community.

For more information about this program, please refer to the degree plan.

Master of Science in Nutrition Option II Non-Thesis

Required Courses (18 semester hours)

HHPK 595	Critiquing & Conducting Research (3 semester hours required)	3
NUTR 510	Community Nutrition: Theories and Applications	3
NUTR 515	Nutrition Education and Counseling: Theories and Applications	3
NUTR 520	Foodservice Management: Theories and Applications	3
NUTR 531	Advanced Nutrition and Metabolism	3
NUTR 550	Medical Nutrition Therapy: Theories and Applications	3

Elective Courses (12 semester hours required)

NUTR 514	Public Health Nutrition	3
NUTR 521	Nutrition Policy	3
HHPH 531	Nutrition and Optimal Performance	3
NUTR 590	Introduction to Dietetics Practice	3
NUTR 591	Dietetic Internship (May be repeated up to 4 times for 12 semester hours)	3-6
NUTR 589	Independent Study	1-3
NUTR 597	Special Topics in Nutrition	3

Total Hours		30
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