

# Food Studies/Nutrition Minor

The interdisciplinary minor in Food Studies provides students the opportunity to exam food choices and issues from multiple perspectives. The minor uses courses from a variety of disciplines and is open to all majors.

**Students must complete 18 semester hours of coursework from the following:**

Required Class		
FDSC 1329	Principles of Food Science	3
Choose 15 hours from the following:		15
HHPH 333	Nutrition for Health and Fitness	
FDSC 318	Meat Technology	
FDSC 421	Food Systems: Farm to Fork	
FDSC 489	Independent Study	
FDSC 497	Special Topics (Topics in Food Science)	
HHPH 331	Nutrition	
HHPH 415	Global Foods	
HIST 413	Food in World History	
LIBS 497	Special Topic (Food and Drink as Ritual)	
SOC 497	Special Topics (Culture and Society)	
HHPH 334	Nutrition Through the Life Cycle	
HHPH 335	Women's Nutrition	
HHPH 336	Nutritional Physiology	
HHPH 339	Food and Culture	
HHPH 431	Advanced Nutrition I – Macronutrients	
HHPH 432	Advanced Nutrition II - Micronutrients	
<b>Total Hours</b>		<b>18</b>