

Fast-Track Kinesiology & Sports Studies BS-MS

The Fast-Track Bachelors + Masters degree program allows undergraduate students in the Kinesiology & Sports Studies-Human performance concentration to begin coursework towards the Master of Science in Health, Kinesiology, and Sports Studies-Human Performance program during their senior year at East Texas A&M University. Students can earn a B.S. and M.S. degree in five years upon completion of degree requirements for both degrees. For this Fast-Track Bachelors + Masters, graduate courses cannot be applied to the undergraduate degree. Students must apply to the Fast-Track Bachelors + Masters program by the end of their junior year after having completed at least 90 hours of undergraduate courses and a cumulative undergraduate GPA of 3.0 or higher. Additionally, students should have taken certain upper-level courses in their junior year to ensure they can be successful taking graduate courses with UG courses in their senior year (e.g., HHPK 335, HHPK 350, HHPK 450). Students must earn a B or higher in these courses. Students will be awarded both degrees at the same time after completing both B.S. and M.S. requirements.

Students must have a grade of "C" or better in all major and support courses. Students MUST have and maintain a 3.0 overall and major GPA in order to take 300- and 400- level classes in the program.

Core Curriculum Courses

See the Core Curriculum Requirements (<https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/>) 42

Required Kinesiology Core Courses

HHPK 1301	Foundations of Kinesiology	3
HHPK 1338	Concepts of Physical Activity	3
HHPK 1306	First Aid and Safety	3
HHPK 2356	Prevention & Care of Athletic Injuries *	3
HHPK 290	Structural Kinesiology	3
HHPH 331	Nutrition *	3
HHPK 335	Kinesiology	4
HHPK 350	Motor Learning and Motor Control	3
HHPK 450	Exercise Physiology	4
MATH 1314	College Algebra *	3

Required Exercise Science Courses

HHPK 317	Group Exercise Instruction	3
HHPH 334	Nutrition Through the Life Cycle	3
HHPH 360	Health Psychology and Behavioral Strategies	3
HHPK 355	Evidence Based Practice in Exercise Science	3
HHPK 445	Administration and Leadership	3
HHPK 460	Fitness Assessment	4
HHPK 461	Exercise Prescription	3
HHPK 462	Exercise Prescription for Varied Populations	3
HHPK 463	Senior Capstone in Exercise Science	3
HHPK 437	Internship in Kinesiology	3
BSC 2401	Hum Anatomy/Physiology I *	4
BSC 2402	Hum Anatomy/Physiology II *	4

Course 1 FRA Course 1

Minor 18

Total Hours 120

* Satisfies Core Requirement

Master of Science in Health, Kinesiology, & Sports Studies emphasis in Human Performance (Fast-Track BS-MS) - Option II Non-Thesis

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a new online Apply Texas Application for the master's fast-track program must be submitted to gain admission and continue taking classes to complete the master's program.

Require Core Courses (15 semester hours)

HHPK 595	Critiquing & Conducting Research	3
or HHPK 519	Research Methods in Health, Kinesiology, & Sport Studies	
HHPK 617	Stat Proc Hlth/Hum Perf	3
HHPS 535	Soc of Sport & Phys Activity	3
HHPK 528	Sport Psychology	3
HHPH 660	Global Health Issues	3

Internship or Research Project (3 semester hours)

HHPK 551	Advanced Research in Kinesiology	3
or HHPK 537	Internship in Health, Kinesiology, & Sport Studies	

Internship requires instructor approval and completion of internship seminar in May or December prior to enrolling in course

Human Performance Required Courses (6 semester hours)

HHPK 545	Advanced Exercise Physiology	3
HHPH 531	Nutrition and Optimal Performance	3

Required Support Courses (6 semester hours)

HHPK 516	Current Topics in Health & Human Performance	3
HHPK 530	Sports Conditioning	3
HHPK 534	Exercise in Health and Disease	3
HHPK 532	Cardiopulmonary Physiology	3
HHPK 536	Adapted Kinesiology	3
HHPK 590	Sport Coaching	3
HHPK 593	Biomechanics	3
HHPK 664	Fitness Testing and Exercise Prescriptions	3

Total Hours **30**

Note: For more information see the bottom of the page at: BS-MS 5 year Fast-Track Pathway (<https://currentcoursecatalog.tamuc.edu/undergrad/colleges-and-departments/education-human-services/school-of-nursing/health-and-human-performance/kinesiology-sports-studies-ba-bs-all-level-teacher-certification/>).

Note: Successful completion of the Comprehensive Exam is required of all students.

First Year

Fall **Hours**

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Total Hours: 0