

Nutrition Minor

The nutrition minor provides students the opportunity to examine food choices and issues from multiple perspectives. The minor open to all majors.

Students must complete 18 semester hours of coursework from the following:

Required Courses		
NUTR 201	Food Preparation	3
NUTR 210	Nutrition Through the Life Cycle	3
Choose 12 hours from the following:		12
NUTR 331	Nutrition *	
NUTR 310	Community Nutrition	
NUTR 320	Food Science	
NUTR 340	Nutrition Education and Counseling	
NUTR 350	Nutrition Assessment	
NUTR 330	Sport Nutrition	
NUTR 333	Nutrition for Health and Fitness	
NUTR 335	Women's Nutrition	
NUTR 336	Nutritional Physiology	
NUTR 220	Food and Culture	
FDSC 1329	Principles of Food Science	
FDSC 421	Food Systems: Farm to Fork	
Total Hours		18

* Counts towards The Core Curriculum Requirements