

PUBLIC HEALTH B.S.

TRACK ONE: PUBLIC HEALTH PROFESSIONAL

Description:

The Public Health Professional track provides you with a comprehensive education. It includes a variety of courses that are designed to provide you with a deeper understanding of the principles and practices of public health. Additionally, fieldwork allows students to develop their skills and prepare them for future employment

Core Curriculum Courses

Concentration 1: Public Health Professional

See the Core Curriculum Requirements (<https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/>) 42

Public Health Core

HHPH 1304	Introduction to Personal and Community Health	3
HHPH 1364	Substance Use & Abuse	3
HHPH 210	ENVIRONMENTAL HEALTH	3
HHPH 220	FOUNDATION OF MENTAL HEALTH PROMOTION	3
HHPH 250	CONSUMER HEALTH	3
HHPH 331	Nutrition *	3
HHPH 385	Current Issues in Health	3
HHPH 495	Applied Practice Experience	3
or HHPH 395	Health Sciences Internship	

Required courses for track #1

HHPH 362	Survey of Human Diseases	3
HHPH 382	Social Justice and Health	3
HHPH 410	Program Planning in Public Health	3
HHPH 416	Epidemiology	3
HHPH 420	Program Implementation and Evaluation in Public Health	3
HHPH 430	Health and Healthcare Disparities	3
HHPH 492	Health Policy	3
MATH 453	Essentials of Statistics	3
PSY 443	Psychology of Death & Dying	3

Required support courses

BSC 2401	Hum Anatomy/Physiology I *	
BSC 2402	Hum Anatomy/Physiology II *	
MKT 306	Marketing	3
or SOC 331	Intro to Social Research	
or SWK 2361	Introduction to Social Work	
or ANTH 2351	World Cultures: Perspectives from Anthropology	

Minor and/or Additional Electives required: 24

Total Hours 120

* This course can be used to satisfy the Core Curriculum Requirements

TRACK TWO: HEALTH SCIENCES

Description

The Health Sciences track provides students a background in health that prepares them to pursue additional schooling in an allied health area. This degree provides an opportunity for students to take prerequisite courses for professional allied health schools such as nursing or other medical fields of study, as electives while receiving a background in the health education field. Students select electives from a list of prerequisites for specific professional school programs.

Concentration 2: Health Sciences

See the Core Curriculum Requirements (<https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/>) 42

Public Health Core

HHPH 1304	Introduction to Personal and Community Health	3
HHPH 1364	Substance Use & Abuse	3
HHPH 210	ENVIRONMENTAL HEALTH	3
HHPH 220	FOUNDATION OF MENTAL HEALTH PROMOTION	3
HHPH 250	CONSUMER HEALTH	3
HHPH 331	Nutrition *	3
HHPH 385	Current Issues in Health	3
HHPH 495	Applied Practice Experience	3
or HHPH 395	Health Sciences Internship	

Choose a minimum of 36 hours in track #2 36

PSY 322	Lifespan Development	3
PSY 443	Psychology of Death & Dying	3
MATH 1342	Elementary Statistical Methods	3
or PSY 302	Statistics and Research Design I	
HHPH 330	Sport Nutrition	3
HHPH 333	Nutrition for Health and Fitness	3
HHPH 334	Nutrition Through the Life Cycle	3
HHPH 335	Women's Nutrition	3
HHPH 339	Food and Culture	3
HHPH 360	Health Psychology and Behavioral Strategies	3
HHPH 472	Stress Management	3
HHPH 497	Special Topics	0-4
HHPK 316	Resistance Training	3
HHPH 210	Sport Psychology	3
BSC 256	Medical Terminology	3
PSY 300	Learning Processes and Development	3
PSY 310	Psychology and Sociology of Diverse Populations	3
PSY 311	Psy/Soc Div Cultures FB	3
PSY 315	Physiological Psychology	3
PSY 316	Abnormal Psychology	3
SWK 2361	Introduction to Social Work	3

Required support courses

BSC 2401	Hum Anatomy/Physiology I *	
BSC 2402	Hum Anatomy/Physiology II *	
Minor Required		18

Total Hours 120

* This course can be used to satisfy the university core curriculum.

First Year

Fall	Hours
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Total Hours: 0