

# Nutrition B.S.

The Bachelor of Science in Nutrition is a program for students who are interested in pursuing a career in nutrition. The rise in preventable chronic diseases has led to an increased demand for more nutrition professionals in our communities. The program will provide students with nutritional knowledge that will allow them to assist others in reducing the risk of chronic disease through nutrition education and behavior change. Graduates may seek employment in a variety of settings including but not limited to schools, sports nutrition, corporate wellness, public health, private practice, community nutrition, education, research, culinary nutrition.

Students must have a grade of "C" or better in all major and support courses. Students MUST have and maintain a 2.5 overall and major GPA in order to take 300- and 400- level classes in the program.

## Core Curriculum Courses

See the Core Curriculum Requirements (<https://coursecatalog.tamuc.edu/undergrad/core-curriculum-requirements/>) 42

### Required courses in the major

HHPH 331	Nutrition	3
HHPH 334	Nutrition Through the Life Cycle	3
HHPH 339	Food and Culture	3
HHPH 336	Nutritional Physiology	3
HHPH 431	Advanced Nutrition I – Macronutrients	3
HHPH 432	Advanced Nutrition II - Micronutrients	3

### Required support courses (Students must have a grade of "C" or better in all support courses.)

BIOL 2420	General Microbiology	4
BSC 2401	Hum Anatomy/Physiology I *	4
BSC 2402	Hum Anatomy/Physiology II *	4
CHEM 1311	General and Quantitative Chemistry I *	
CHEM 1111	General and Quantitative Chemistry Laboratory I	1
PSY 2301	Introduction to Psychology *	
CHEM 1312	General and Quantitative Chemistry II *	
CHEM 1112	General and Quantitative Chemistry Laboratory II	1
COMS 1315	Fundamentals of Public Speaking	3
CHEM 2323	Organic Chemistry I	3
CHEM 2123	Organic Chemistry Laboratory I	1
MGT 305	Principles of Management	3
CHEM 2325	Organic Chemistry II	3
CHEM 2125	Organic Chemistry Laboratory II	1
MATH 453	Essentials of Statistics	3

### Prescribed elective courses (Students must have a grade of "C" or better in all prescribed elective courses.)

NUTR 201	Food Preparation	3
NUTR 205	Orientation to Dietetics Profession	1
NUTR 325	Food Systems Management	3
NUTR 310	Community Nutrition	3
NUTR 350	Nutrition Assessment	1
NUTR 320	Food Science	4
NUTR 420	Quantity Foods	4
NUTR 450	Medical Nutrition Therapy I	3
NUTR 425	Business Principles in Dietetics	3
NUTR 460	Senior Seminar	1
NUTR 451	Medical Nutrition Therapy II	3
NUTR 435	Research Methods in Nutrition	3
NUTR 340	Nutrition Education and Counseling	3

**Total** 120

\* This course can be used to satisfy the Core Curriculum Requirements.

First Year

Fall

Hours

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0

Total Hours: 0